

Interaxon Muse EEG Headset

Your personal meditation assistant, easy to use and amazing design. Choose the Muse to improve your ability to relax and feel better – at work or at home. The relaxation app Muse is available for iOS or Android.



EAN: 629230201003

MSRP: 299,-€

Take your meditation practice to new heights with Muse: the brain sensing headband is more than a meditation app – it's your personal meditation assistant – helping you learn to meditate quickly and develop a rewarding meditation practice in just minutes a day. Muse is the first tool in the world that can give you accurate, real-time feedback on what's happening in your brain when you meditate, and offers fun challenges and awards that help you learn to form the habit.

BENEFITS

- It motivates you to change your brain
- It improves how you respond to stress
- Extended use can have amazing and lasting results
- It is designed to help you form the habit

FUNCTION

1. **Meditate** – Muse gives you feedback about your meditation in real time by translating your brain signals into the sounds of wind. When your mind is calm and settled, you hear calm and settled winds. When your mind is active the winds will pick up and blow.
2. **See your results** – After each session, you'll see how you did through a series of graphs and charts. Track your progress over time and earn points to unlock new features. Muse will show you how your brain did from moment to moment through simple, easy to understand graphs and charts. View your whole session at once, find out the amount of time you remained calm during a session and get helpful tips on how to improve future scores
3. **Track Your Progress and Achieve Your Goals** – Your results are saved in a private account. Use the Calm app to follow your progress over time and learn new things about your own mind. To help keep you motivated and improving, Muse also gives you points, goals, challenges and bonuses to strive for. With every session you earn points, and can adjust your goal to fit your needs.

4. **Improve Over Time**– Muse is based on focused attention-based training exercises, which have been shown to produce many benefits over time (why train my brain?). The final step of the process is noticing the differences in your daily life. Enjoy greater composure and focus through regular sessions with Muse

TECHNICAL INFORMATION

- Up to 10 hours of continuous battery life
- 7 sensors for better detection
- Flexible adjustable headband
- Dual charging ports for use with MicroUSB cable (provided)
- LED lights indicate when Muse is on, off, in Bluetooth pairing mode and requiring charge
- **Dimensions:** 7.5" H × 5.5" W × 7.5" L
- **Shipping weight:** 1.32 lbs
- Appropriate for ages 16 and up
- **Compatibility:** iPhone 4S+, iPad 2+, iPad Mini 1+, iPod Touch 5G+ Samsung Galaxy S3+, Samsung Galaxy Note II+, Samsung Galaxy Tab 2+

Apps:



Muse App

Alternative/Accessories:



Muse - White
EAN: 629230201010



Hard Carrying Case
EAN: 629230555519