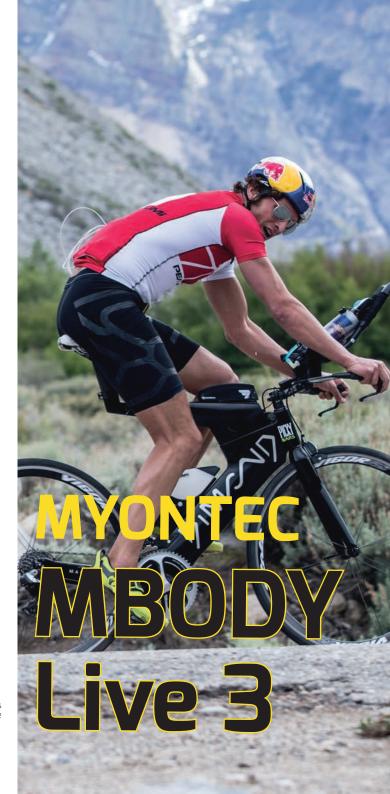


New Mbody Live 3 designed specifically to athletes seeking ultimate performance



Contact information support@myontec.com Tel. +358 50 556 1552 www.myontec.com

Myontec products are designed to provide you with data from your muscles and suggestions on how to interpret the data. However, Myontec products are not medical devices and cannot be used or relied upon to provide medical diagnoses.





# Muscle Load with HR, speed and other relevant training data gives full insight into your body during the exercise

## Muscle Load together with Heart Rate gives

Specific training zones with regard to person's current condition

Training readiness based on warm-up monitoring

$\odot$	$\checkmark$	$\wedge$	$\overline{(1)}$
56%	11%	31%	00:40:06
WITHIN ZONE	UNDER ZONE	OVER ZONE	TOTAL TIME

Time spent within targeted training zone to improve your performance on each level: basic, speed and maximum endurance

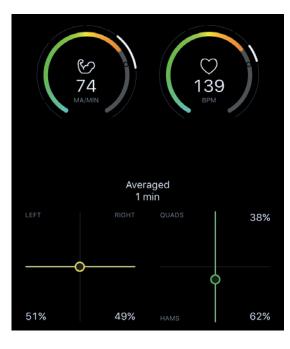
### Real-time muscle activity measurement

Muscle load Muscle load distribution Muscle imbalances Muscle condition Heart rate GPS data

# New mobile App Mbody Live 3 turns your phone into a perfect personal trainer



Designed for cycling, running, triathlon as well as gym training



#### Quads/Hams ratio visual imaging helps to

Control loading patterns Improve technique Monitor the impact of intensity, fatigue and biomechanical factors on the loading ratio

### Muscle balance overview ensures that

Physical strain is divided in balance between left and right side muscle groups Risk of potential injury can be minimized

### Technical Specifications and Compatibility

Bluetooth Smart compatible Data import from commercial HR smart belts Compatible with Apple IOS

