

FR-B10

Sync with both **iOS** and **Android**



OSD
ONE SOFT DIGM

Please read this **User Guide** before using the device to ensure safe and proper use.

OLED Display

Displays your measurement : Body Fat (%), Heart Rate, Temperature, Battery Life, Step Counts.

Acceleration Sensor

Monitor activity levels through the acceleration sensors built into the device.

Touch Sensor

Maneuver through the display menu via touch-sensitive screen.

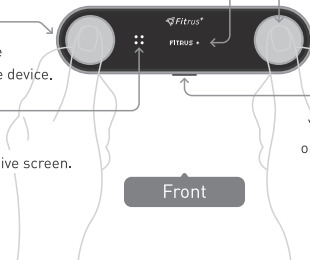


Four Electrode Sensor

Measure Body Fat (%), Skeletal Muscle (kg), and other components using Bioelectrical Impedance Analysis (BIA).

Quick Power Button

You can turn both the device and Bluetooth on and off with a simple press of the button.



Front

Temperature Sensor (IR) ○
Position circular sensor on or up to 1" (2.5cm) away from the object or forehead to accurately measure either **Object** or **Forehead Temperature**.



Heart Rate Sensor (PPG) ○
Place your finger on the rectangular sensor to measure **Heart Rate** and **Stress Level**.

Back



Accessories



USB Cable



User Guide

- 1 Download the **Fitrus** App from the  Google Play Store or  Apple App Store.

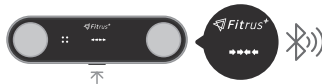


Use the QR Code and download apps on your smartphone.

<https://thefitrus.com/app/>

- 2 Register user account by inputting height, weight, gender, and age.
- 3 Connect **Fitrus+** to the smartphone via Bluetooth by pressing the button located under the display screen.

Once the device is connected to the smartphone, the screen will display as below.



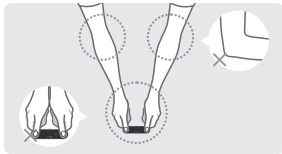
- 4 Measure your health by pressing **Measure** on your **Fitrus** App.



You can find more information in the web manual using the **QR Code**.

<https://manual.onesoftdigm.com>

Body Composition



Lightly pinch the 4 electrodes with both of your thumbs and index fingers to measure **Body Composition**. Stretch your arms and make sure the left and right hands do not touch each other.

Object or Forehead Temp.



Hover the circular sensor over the **Object** or **Forehead** to accurately measure **Temperature**. Make sure to position the sensor 1" (2.5cm) apart from the object of interest.

Heart Rate & Stress Index



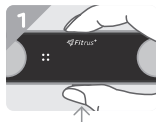
Place your finger on the rectangular sensor to measure **Heart Rate** and **Stress Level**.

04

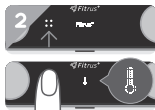
ONE-TOUCH FUNCTION



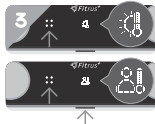
The **Object or Forehead Temperature** can be measured without a smartphone and checked directly with the OLED display.



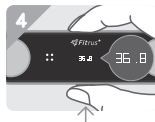
Please turn on **Fitrus+**.



Gently press on the **Touch Sensor** for 3 seconds to activate the **One-Touch Function**.




Select **Object** or **Forehead Temperature** with the **Touch Sensor** and press the power button.



Measure the temperature and check the results. Measurement can be performed repeatedly by pressing the power button.



Press on the **Touch Sensor** again for 3 seconds to disable the one-touch function.

- Q What is featured on the OLED display?
- A It displays the latest measurement of your biometric data, battery life, and step counts.
- Q What versions of the phone are compatible with **Fitrus+**?
- A **Fitrus+** is compatible with Android 5.0 or above, and iOS 9.0 or above; however, some Androids and iPads will not be compatible.
- Q Does App offer different languages?
- A You can choose the language through  > **Settings** > **Language menu**. System Default Language, Korean, English, Japanese and Chinese are supported. If you choose system default language, the app language will be automatically selected according to the user's smartphone language setting and the Other Language option may only be supported in English.
- Q How can you sync your activity level from the **Fitrus** App?
- A Top left bar > Settings > Sync > choose between Health App, **Fitrus+**, and All Step.
- Q How to reset **Fitrus+**?
- A Press Quick Power Button for 5 seconds.



Please check our
QR Code for more
information.



WARNING



- **Fitrus+** is not a medical device and should not be used for diagnostics or treatment.
- The electric current (under 150 μ A of 50 kHz) is too low for anyone to sense or be affected by it.
If you do experience any sensations or symptoms, immediately cease its operation.
- Do not use this device if you are dependent on any biometric devices, such as a cardiac regulator, medical ECG, mechanical heart, or heart-lung machine.
- Do not use **Fitrus+** to measure your body composition during pregnancy or menstruation.
There will be discrepancies.

- Please be aware that **Fitrus+** may not provide accurate readings if the person is under the age of 13, extremely obese or severely underweight.

Precaution

- Make sure to remove any nearby devices that can cause wireless interference. These sources can cause slower performance or disconnection from **Fitrus+** and may also interfere with the Bioelectrical Impedance Analysis(BIA), resulting in inaccurate readings.
- Do not eat or dismantle the battery.
Keep out of children's reach.
- You must follow local regulations when disposing of the device or any of its components and accessories.



WARRANTY



- › If you are experiencing a problem using **Fitrus+**, please contact the OSD team.



osd.sale@onesoftdigm.com

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- › Within the one-year warranty period, if any malfunction transpires under normal use, as established by the manual, the affected components of the product will be exchanged free of charge.
 - › Past the one-year mark of the initial purchase, you will be responsible for the cost of any exchanges.
 - › In principle, the components will be exchanged with those of the same color and model.
 - › The customer may be responsible for the shipping costs.
 - › In the following cases, the service fee may be charged even during the warranty period.
 - Malfunctions or damages of any disassembled or modified devices.
 - Damages caused by water & liquid or any weather conditions.





SPECIFICATION

Product Name	Model Name	Manufacturing Country	Size	Weight	Charging Time
Fitrus Plus	FR-B10	Republic of Korea	11×3.4×1.25cm	45g	3 hours
Measurement Current	Measuring Area	Power	Module	Test Duration	Range of Use
Under 150μA	Upper body	DC 5V	Bluetooth 4.0	Approx. 5 seconds	10~40℃ 30~75%RH





Trade Name & Manufacturer	Production Date	Homepage
ONESOFTDIGM Co., Ltd.	Marked Separately	https://www.onesoftdigm.com https://www.thefitrus.com
Telephone	Facsimile	E-Mail
+82-54-279-4467	+82-50-4047-8250	osd.sale@onesoftdigm.com

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- › The content of the User Guide (including safety precautions) may be changed at any time without notice to Users as the specifications for Hardware, Software and Configurations are modified.
 - › Some of the images which appear in this User Guide may differ from those on your product.