



HOW DOES PROPEAQ WORK

Light therapy is based on decades of scientific research. Our blue light immediately affects the brain stimulation and regulation of your sleep-wake cycle, and thus your biological clock. Our body clock keeps us alert and energetic during the day, sleepy during the night, and hungry when we usually eat. A synchronized body clock is of utmost importance to our health, sleep and general wellbeing.



Get your free Propeaq app



BOOST YOUR PERFORMANCE

WITH NEXT GENERATION LIGHT THERAPY



- IMPROVE PERFORMANCE
- GET INSTANT ENERGY
- BOOST YOUR ENERGY
- FLY JET LAG FREE
- SLEEP BETTER

www.propeaq.com

WHY PROPEAQ

Sunlight controls nature's and our rhythm. With a combination of light and patented technology Propeaq is able to improve your life and health.

Propeaq light glasses are the future in wearable light therapy and developed to regulate and optimize your personal performance and energy in an average of 30 minutes a day. The integrated LED's in the glasses will help you to control your body's rhythm.



WINTERBLUES

In the winter many people experience loss of energy and don't feel fit. Those people can overcome this feeling instantly by using light in the darker months of the year. Light therapy is highly effective in beating winter blues and other seasonal problems. Why feel gloomy when you can easily wear Propeaq and feel better. In only 30 minutes every morning you can start enjoying life more.

ENERGY BOOST

Feeling tired? Experience instant energy in only 15 minutes. You can wear Propeaq as often as you like. To keep you going when you are in need of that extra bit of energy. Just like the sun, Propeaq light energizes your body, helps you concentrate at work and takes the tiredness away.

NO MORE JET LAG

Want to enjoy your vacation straight away? Are you done with feeling tired on your business trip? With Propeaq you can adjust your body clock to the time zone of your destination and diminish or even prevent the effects of jet lag.

BETTER SLEEP

Trouble sleeping? Waking up too early? Or are you still feeling tired when you get up? With Propeaq you can regulate your sleep pattern, readjust your body clock and have extra energy at hand when you need that extra boost. Propeaq offers you the possibility to have a healthy sleep and wake up with energy to keep going all day.

PEAK PERFORMANCE

Want to win a gold medal, meet your deadline or close that important business deal? To achieve, you have to be in an optimal condition. Propeaq can take away all the negative effects of jet lag, fatigue and lack of energy, so you can perform your best. Pro athletes already use Propeaq to be well rested, focused, alert and full of energy to give the performance of a lifetime.

WHAT IS IN THE BOX

Propeaq comes in a complete package. So you can immediately start your ideal program.

- A pair of lightweight glasses
- Interchangeable lenses, red and blue
- A protective case
- Micro USB cable and charger



MADE TO MEASURE

Propeaq comes complete with a free app. With the app you can plan your vacation or business trip. The app will give you a personalized schedule to help you prevent or diminish jet lag in the easiest way available and based on your daily routines. Very natural, healthy and non-intrusive. All it takes is some discipline.

