

Suggested Strength Testing Positions and Device Placement



Flexion

Patient Position: Seated
Neck Position: Flexed to

comfortable angle

Device Position: Forehead



Extension

Patient Position: Seated

Neck Position: Slight Extension

Device Position: Base of head



Rotation

Patient Position: Seated

Neck Position: Slight rotation

Device Position: Temple



Lateral Flexion

Patient Position: Seated

Neck Position: Slight Lateral

Flexion

Device Position: Temple