

kbar – The ultra light bar

Comfortable. Versatile. Durable. Light. Aesthetic.



Perfect with both flywheel devices and traditional weights. With the low weight you get all your energy into the flywheel for use in the eccentric phase. With traditional weights you still have the most comfortable grip ever. The best accessory to help you unleash your power.

FEATURES:

- 58 cm long. 1,2 lbs weight.
- Manages up to 300 lbs weight.
- Rotating connection